

PRO/AM 2012 NGA MR. & MS. NATURAL PHILADELPHIA

Bodybuilding & Figure Championships

Over \$1500 awarded to
**PRO Male Natural
Bodybuilders**

Entrants must have valid
NGA Pro Card

| General Information | Event Schedule | Ticket Information |
|--|---|---|
| <p>Date: Saturday, May 5th, 2012</p> <p>Location: Plymouth – Whitmarsh High School 201 Germantown Pike East, Plymouth Meeting, PA 19462</p> <p>Entry Fee: \$25 for 1st class entry if paid before April 15th 2012 After April 15th 2012, \$35 for 1st class entry Crossovers \$ 20 per crossover class Cash or Money Order only; make payable to <i>Warren Egebo</i></p> <p>Polygraph Test: Thursday, May 3rd, 6pm – 10pm Friday, May 4th, test times 10 am - 10 pm at Hyatt Hotel Saturday May 5th, must complete test by 11 am at High School Appointments, call Warren 215-200-1680 after April 1st Exam is \$40, payable to <i>Brian Nice</i> day of test. <i>Note: If you passed a polygraph test within 90 days of show (after February 5th 2012), bring proof to check-in table on Saturday.</i></p> <p>Posing Prejudging: Mandatory poses and symmetry only Finals: 60 second time limit on free posing Bodybuilders: Music – NO profanity on posing music. CD with ONLY your song cued for play Suites – ONLY solid colors of posing attire is permitted Props & Costumes – Okay for evening posing routine Bikini & Ms. Figure: Bikini w/ jewelry & high heels (NO g-string attire) Male Model – Board Shorts</p> <p>Official Airbrush Tanning Beach Bum Tanz - Mary Ann www.BeachBumTanz.com 215-962-2815</p> <p>Banned Substances: check www.NationalGym.com</p> <p>NGA Card: Present current NGA card (or photo copy) at check in table or purchase card at check-in on May 5th for \$45. Card is valid for a year</p> <p>Awards: Sculptured trophies to top five in each class</p> <p>Information: Warren Egebo 215-200-1680 www.MrNaturalPhilly.com</p> | <p>Check & Weigh-Ins: 9:30 am, Saturday</p> <p>Athlete's Meeting: 10:30 am, Saturday MANDATORY</p> <p>Prejudging: 12 Noon (doors open at 11:45 am)</p> <p>Finals: 6 pm (doors open at 5:45 pm)</p> <p style="background-color: black; color: white; text-align: center;">Host Hotel</p> <p>Hyatt Summerfield Suites 501 East Germantown Pike East Norriton, PA 19401 610-313-9990</p> <p>(site of Polygraph test Thursday evening and all day Friday)</p> <p style="background-color: black; color: white; text-align: center;">Video and Photography</p> <p>Video/DVD: Ed Wargus, <i>VARSAITY VIDEO</i>, 858-266-4930</p> <p>Official Show Photographer: Jim Wilmer, <i>ADONIS Productions</i> www.AdonisProductions.iwarp.com 443-802-1390</p> <p style="background-color: black; color: white; text-align: center;">Directions to NGA Mr. & Ms Natural Philadelphia</p> <p>201 Germantown Pike East, Plymouth Meeting, PA 19462</p> <p>From PA Turnpike Take Exit 25 Norristown. Stay to right and get off ramp for Germantown Pike East / Plymouth Meeting. This will bring you onto Germantown Pike. Continue on Germantown Pike approx 1 ½ miles. High School is on left, parking in back. (High school is 1 ½ miles east of Plymouth Meeting Mall)</p> | <p>Prejudging: \$10 - starts 12 noon</p> <p>Finals: \$20 – starts 6 pm</p> <p>VIP Tickets: \$30 for Finals Only 1st 10 rows</p> <p>Advanced Ticket Sales Tickets purchased prior to April 25th have first choice of seats the day of the show and get into event early!!</p> <p>Make Money Order Payable to: Warren Egebo Box 248, 509 East Main Street Hegins, PA 17938 Phone 215 -200-1680 Or buy tickets at door!!</p> |

Entry form 2012 NGA MR. & MS NATURAL PHILADELPHIA Bodybuilding & Figure Championships – PRO QUALIFIER

Name _____ Email _____

Address _____ City _____ State _____ Zip _____

Phone (____) _____ - _____ Date of Birth ____/____/____ Age _____ Weight _____

Men's Model & Bodybuilding

- Male Model (NEW this year)
- Junior Men**
 Age 23 and under
- Novice Men**
 Light Weight (up to 156 lbs)
 Middle Weight (157-172 lbs)
 Light Heavy Weight (173-189 lbs)
 Heavy Weight (over 190 lbs)

- Master Men**
Winner turns PRO!
 Masters Men (40 yrs +)
- GrandMaster Men**
 Grand Master Men (50 yrs +)
 Grand Master Men (60 yrs +)
 Grand Master Men (70 yrs +)

- Open Men**
Overall winner turns PRO!
 Light Weight (up to 156 lbs)
 Middle Weight (157-172 lbs)
 Light Heavy Weight (173-189 lbs)
 Heavy Weight (over 190 lbs)

- NGA MALE PRO DIVISION**
Open to current (last 8 yrs) NGA, OCB, IFPA MALE PRO Bodybuilders. OCB & IFPA Pros may compete with NGA card. Send for card to **NGA.com** with \$60. Present card number at check-in. Must pass polygraph within 90 days or do polygraph for contest. Call to schedule 215-200-1680

Women's Bikini & Figure

- Bikini (NEW this year)
- Open Figure - Overall winner turns PRO!**
 Open Short (5' 4" and under)
 Open Medium (5' 5" – 5' 8")
 Open Tall (5' 9" and over)
- Masters**
 Master Women (35 years and older)

Women's Bodybuilding

- Open Women**
Overall winner turns PRO!
 Light Weight (up to 122 lbs)
 Heavy Weight (over 123 lbs)
- Masters**
 Master Women (35 years and older)

Entry Fee

| | | |
|---------------------------|---|--|
| 1 st Class Fee | \$ _____ | Check / Money Order Payable to: Warren Egebo Box 248, 509 East Main Street Hegins, PA 17938 Phone 215 -200-1680 Email klon@epix.net |
| | \$25 if paid before 4/15 \$35 if paid after 4/15 | |
| # Crossovers x 20 | \$ _____ | |
| Male Pro Division | \$60 \$ _____ | |
| Total Payment | \$ _____ | |

Waiver of Liability

Waiver of liability: In consideration of this entry form and fee, I wave and release all rights and claims for damages against Warren Egebo, Plymouth – Whitmarsh High School, Colonial school district, NGA, their sponsors and associated bodies, officials, agents employees, or assigns by reason of injury or damage which I may sustain during, while traveling to or from or while participating in this event. I further agree to abide by all the decisions of the NGA committee, and declare that all information contained herein is, to the best of my knowledge, true, correct, and complete. I agree to hold harmless and release all photos and video rights for magazine, newspapers, television, video, and DVD distribution of my participation in this competition.

Parent or Guardian (for persons under 18)

Date

Athlete's Signature

PRO / AM

2012 NGA Mr. & Ms. Natural Philadelphia

Bodybuilding & Figure Championships

Saturday May 5, 2012

Venue

Plymouth-Whitemarsh High School
201 Germantown Pike East
Plymouth Meeting, PA
(1 ½ miles east of Plymouth Meeting Mall)

Classes

Male Model (NEW this year)
Men's Bodybuilding (Novice & Open)
Masters Men's Bodybuilding (40+, 50+, 60+ & 70+)
Women's Bikini (NEW this year)
Women's Bodybuilding
(Lightweight, Heavyweight & Masters 35+)
Women's Figure (Short, Middle, Tall & 35+)

Drug Tested / Pro Qualifier

Men's Open
Men's 40+
Women's Bodybuilding
Women's Figure
Male pro Division (Over \$1,500 in cash awards)

Tickets & Time

Pre-judging – 12 noon \$10
Finals – 6 pm \$20
VIP – 1st 10 rows \$30

Advanced ticked by Mail:

Payable to Warren Egebo
Box 248
509 East Main Street
Hegins, PA 17938

For reserved tickets call 215-200-1680

General tickets available at the door (CASH ONLY)



2011

Mr. Natural Philadelphia

Kingsley Deslorieux

Over 600 spectators, including Mayor Nutter of Philadelphia attended the 2009 show cheering on 62 competitors
2011 grew to 77 competitors!!

Absolutely the Best Philly Physique show TWELVE YEARS IN A ROW



WWW.MRNATURALPHILLY.COM

For Entry Forms, sponsorships & display tables contact Warren Egebo
215-200-1680 klon@epix.net www.MrNaturalPhilly.com